ABA ANATOMY PALERMO

ICONOGRAPHY OF ANATOMICAL DRAWING AFAM075-EX ABAV01 – 75 hours CFA6
A:A:2026/2027-codice classroom-geez4prt
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Anatomical drawing iconography for fashion design

The program aims to provide students with descriptive anatomical knowledge through the analysis and graphic study of the body's osteological and morphological structures, integrating these with constant reference to the living human form in both static and dynamic poses.

LESSONS
Theoretical lessons covering skeletal structure and body proportions are included. Each student is guided through a practical workshop process that begins with understanding anatomical body structures via direct observation of a live model. Students will work on body structure and proportions—focusing on individual segments in relation to the whole body (both moving and static)—through drawing exercises using reference images and live models.
TOPICS
1. Canons and proportions. 2. The anatomical body. 3. Head structure: facial details. 4. Upper limb structure: hands. 5. Lower limb structure: feet. 6. Torso structure: torsions.

WORKSHOP
25 hours of drawing exercises conducted with a live model (nude). Drawing exercises: Anatomical skeletal structure; Anatomy of drapery; The clothed figure.

FASHION COURSE FINAL EXAMS
1) Theoretical exam covering the topics discussed.
2) Drawings of skeletal structure (developed according to the attached guidelines).
3) Drawings of the nude figure from life (developed according to the attached guidelines).
4) Drawings of drapery (developed according to the attached guidelines). Admission to the exams requires meeting attendance requirements and completing two project reviews scheduled by the professor.

EXERCISES
ANATOMICAL STRUCTURE OF THE HEAD
1. Draw five views of the skull's skeletal structure, each filling a full page: frontal view, lateral view, rear view, view from below, and view from above.

FACIAL MICRO-EXPRESSIONS
Work in front of a mirror, then photograph or film the expressions and draw them.
If possible, create these exercises in a storyboard format,
modulating the intensity in minute increments: start with a neutral expression, then
begin to alter it, then increase the intensity, up to the maximum, then...
...decreasing, or decreasing until reaching zero.
For each exercise, create a drawing using the following techniques: pencil, sanguine or sepia, pen or colored markers, watercolor or tempera.

HAND STRUCTURE – UPPER LIMB
1- Draw the skeletal structure of the hand (dorsal and palmar views).
2- Draw your own hands as you see them from life.
3- Draw your own hands while using a tool or object.
4- Draw the skeletal structure of the entire upper limb.
5- Draw the shoulder girdle (clavicle and scapula); draw the arm bone (humerus: anterior and posterior views); draw the skeletal structure of the forearm (anterior and posterior views).

LOWER LIMB
1- Draw the skeletal structure of the foot (dorsal, plantar, and lateral views).
2- Draw views of your own right foot.
3- Draw views of your own left foot.
4- Draw views of both your feet together.
5- Draw the skeletal structure of the entire lower limb: pelvis (anterior and posterior views); draw the thigh bone (femur: anterior and posterior views); the leg bones (tibia and fibula: anterior and posterior views).

.TWISTS – TRUNK STRUCTURE
1. Draw the skeletal structure of the rib cage: anterior, posterior, and lateral views;
2. Draw the skeletal structure of the spine: anterior, posterior, and lateral views.
Draw the complete structure of the trunk, including the pelvis: anterior, lateral, and posterior views.
- Twists in front of a mirror
1. Standing with feet turned 90° relative to the mirror, turn towards the mirror; photograph and then draw the body in a twisted pose; repeat for the other side.
2. Perform this action while seated, lying down, and kneeling; explore the variations.

DRAPERY
Using the handout on drapery as a guide, create the following from life:
- 10 A3-sized drawings of objects available to you, using the following techniques: pencils, charcoal, colored pencils, pen or markers, Pantone markers, watercolor, or tempera.
- 10 drawings of a clothed figure, incorporating the use of photography. Consider movement and dynamics. Use the following techniques: pencils, charcoal, colored pencils, pen or markers, Pantone markers, watercolor, or tempera.

LIFE DRAWING EXERCISES (NUDE)
- 20 A3-sized drawings of the external morphology of the nude body, using a live model.
Attendance and the completion of two work reviews scheduled by the professor are required for exam admission.

RECOMMENDED ANATOMY MANUALS
Forma e figura by Giovanni Civardi (Il Castello Publishing).
Il panneggio e la figura umana (Illustrated Edition) by Giovanni Civardi (Il Castello Publishing).
Giovanni Civardi, *Anatomia Artistica*, Il Castello Editore.
Atlante Universale Giunti: Anatomia per artisti, Giunti Editore.
Struttura Uomo 1: Manuale per anatomia artistica, Neri Pozza Editore.

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